

FAQ – Regional Institutes of Basketball

What are the Regional Institutes of Basketball?

If you are an elite player aged 16-19 then the Regional Institutes of Basketball are aiming to be your programme of choice and keep you in the British pathway for as long as it's best for you.

Regional Institutes of Basketball are a new initiative, created from collaborative work between British Basketball, Basketball Wales, England Basketball and Basketball Scotland. The purpose of the Institutes is to increase the standard of **players** and **coaches** stepping up to Great Britain Under 20 and Home Nation Under 18 national teams.

“The Regional Institutes of Basketball constitute a player centred development programme for elite athletes aged 16-19 led by coaches focused on developing each individual athlete to their maximum potential”

How many Institutes are there and where will they be located?

Creating the Regional Institutes is a long-term process that has begun with the selection of a pilot at Barking Abbey School, East London.

Over time, Regional Institutes will be located in talent-rich areas and the number of Institutes will be a direct reflection of the quantity of players identified as having potential to represent Great Britain.

Why should players join an Institute?

Each institute will enable players to live and breathe basketball every day. Players will reside within student accommodation and concentrate on improving their academic and basketball abilities every day.

Who can apply to an Institute?

Institutes target the 16-19 age group, but with the flexibility to embrace outstanding talent outside these parameters.

The Institutes have a talent identification system that focuses on an athlete's potential, not their short-term success and includes a selection process that is fair and open.

What will athletes do in a typical week?

The Institutes will deliver between 16 and 20 hours' basketball coaching per week to an appropriate number of players.

The focus is on holistic athlete and coach development incorporating good practice in strength and conditioning, sports science and lifestyle management into the core delivery.



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What about academic studies?

Each Institute is based within, or linked to, a tertiary or further educational institution which serves as a provider for the athletes in a broad range of academic disciplines and standards so that an athlete can study to the level of their choosing. Opportunities will vary across Institutes with each able to answer questions from players and parents regarding specific academic opportunities.

Do players live away from home?

Unless a player lives within commuting distance of an Institute, they will live in student accommodation just like other students. Meals are provided through the accommodation facility and each player will have the same independence as other students.

What will it cost?

Each Institute will have different cost structures and funding opportunities. Just like any school, college or university; players and parents may have to meet some accommodation, tuition and living costs.

How are Regional Institutes different from established Academies?

Regional Institutes of Basketball are different from any other basketball opportunity in Great Britain because they carry the endorsement and support of British Basketball.

What about playing competitive games?

Institutes will vary in the way they offer competitive games for the athletes. This could be either through linkage with clubs in the British Basketball League (BBL), English Basketball Leagues (EBL), Scottish National Leagues (SNL) or other competitions, or through the Institute itself.

What happens if I want to gain a USA college scholarship?

Being an Institute basketball player could significantly help each player with the next step in their basketball career.

Upon graduation from an Institute, the staff will assist each player in the next phase of their basketball career and ensure their progress is tracked by British Basketball to maximise the chance of selection for Great Britain and Home Nation national teams.

The Institutes will establish strong links with high quality teams outside Britain (including USA colleges), who meet identified standards, provide opportunities not currently available in Britain and will facilitate the return of players to Britain for national team activity.

How do I contact for more information?

Barking Abbey - www.abbeybasketball.com

British Basketball – www.basketballgb.com

